Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code	Descriptions
Adult Abuse Prevention Services		P	<u> </u>		10.01		P	
	Adult Abuse Hotline	800-362-2178						Missouri 800-392-0210
	Domestic Abuse Hotline	800-942-0333	515-782-6632					SW IA Family Violence
		800-284-7821	319-335-6000					Rape, Incest, Sexual Abuse, Sexual Harrassment,
	Rape victim Advocacy Program	800-284-7821	319-333-0000					Stalking, Legal Proceedings, Education and Awareness
Breastfeeding/Lactation								
	MATURA	641-782-8431						
	Mercy Lactation Consultants	515-358-2082						
	Unity Point Lactation Services	515-241-6570						
Child Abuse Prevention Services								
	IA Department of Human Services	800-362-2178		109 S Main	Osceola	IA	50213	3
	Bikers Against Child Abuse (BACA) Center Iowa Chapter	515-789-0101		P.O. Box 41605	Des Moines	IA	5031:	1
Child Care Assistance	·							
	IA Depart of Human Services	641-342-6516		109 S Main	Osceola	IA	50213	3
Child Care Centers / Preschool	·							
	Tina's Tots	641-734-5331		Diagonal Community School	Diagonal	IA	50845	Child Care and Preschool
	Family Resource Center	641-464-3385		302 N Lincoln	Mount Ayr	IA	50854	Child Care Center, 3-year old preschool, 4 Year Old Statewide Voluntary Preschool, Head Start
	Lamoni Early Childhood Center	641-784-3860		423 N Walnut	Lamoni	IA	50140	For applications and eligibility information, contact Lamoni Elem Sch at 641-784-3422
Child Care Resource & Referral					<u>'</u>			
	West Central Comm Action Agency	800-945-9778						www.swiowachildcare.rog
County General Assistance	,							
	Ministerial Association Fund	641-464-2401		202 N Taylor	Mount Ayr	IA	50854	Area Churches Fund for Rx, Gas for Dr. visits, Utilities Contact MATURA(Neighborhood Center) - Blake Fry- Schnormeier
	Open Closet Mount Ayr Assembly of God	641-464-3113		1605 W South St	Mount Ayr	IA	50854	Free clothes shoes housewares linens 1st Sat of the
	Ringgold Co Public Health	641-464-0691		119 S Fillmore	Mount Ayr	IA	50854	4 County General Assistance
	Veterans Assistance Ringgold County Courthouse	641-464-2397		109 W Madison	Mount Ayr	IA		4 Assistance for Vererans
Domestic Violence Crisis Centers							1	
	Crisis Intervention & Adocacy Center	800-400-4884		P.O. Box 40	Adel	IA	50003	3 24 Hour Crisis Line
		800-284-7821	319-335-6000					Rape, Incest, Sexual Abuse, Sexual Harrassment, Stalking, Legal Proceedings, Education and Awareness
Education								
	Diagonal Community School	641-734-5331		403 W. Second Street	Diagonal	IA	50854	Preschool-12
	Graceland University TRIO Program	641-784-5499		1 University Place	Lamoni	IA	50140	
	Green Hills Education Agency	800-432-5804						
		641-464-0510	641-464-0539	1001 E. Columbus	Mount Ayr	IA	50854	4 Preschool-12

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code Descriptions
	Southwestern Community College	641-782-7081	800-247-4023		Creston	IA	
Employment Services							
	Experienced Works	641-782-2100		220 W. Montgomery Street	Creston	IA	
	IA Workforce Development & Workforce Investment Act	641-782-2119		215 N Elm	Creston	IA	50801 www.iowaworkforce.org
		641-782-8538		1501 W Townline	Creston	IA	50801
Food Assistance							
	la Depart of Human Services	641-464-2247	641-342-6516	109 S Main	Osceola	IA	50213 Snap Assistance
	Kellerton Food Pantry (Serving Ringgold, Decatur, Clarke & Union	641-783-2583		Former Great Western Bank Bldg	Kellerton	IA	50133 Every Sunday 12 - 2, 3rd Tuesday Emergency food call 641-414-5243 Kathy Johnson
	MATURA Outreach Center-Food Pantry	641-464-2401		202 N. Taylor Street	Mount Ayr	IA	50854 Neighborhood Center/Food Bank
	Mount Ayr Senior Meal Site	641-464-2190		Trinity Lutheran Church	Mount Ayr	IA	
	Tingley Senior Meal Site	641-772-4499		Community Hall	Tingley	IA	
General Services	-			-			
	Center for Disease Control & Prevention	800-232-4636					
	Hospice Home Greater Regional	641-782-3528		1700 W Townline	Creston	IA	50801 Greater Regional Medical Center
	Hospice HCI Care Services of Southern Iowa	641-464-2088		107 S Fillmore	Mount Ayr	IA	50854 Barb Weeda, RN
	MATURA Outreach Center	641-464-2401		202 N Taylor St	Mount Ayr	IA	50854
	Q Link Wireless	855-754-6543					Free Wireless Phone/Text Service QLinkWireless.com
	Women, Infants, & Children (WIC) MATURA	641-782-8431		210 Russell St	Creston	IA	50801
	Southern Iowa Trolley	866-782-6571					Mon-Fri 7am - 4 pm
Government Offices							
	Clearfield City Hall	641-336-2479					
	Diagonal City Hall	641-734-2321		103 Broadway	Diagonal	IA	50854
	Kellerton City Hall	641-783-2321					
	Mount Ayr City Hall	641-464-2402		200 S. Taylor	Mount Ayr	IA	50854
	RC Assessor	641-464-3233					
	RC Attorney	641-464-3235					
	RC Auditor	641-464-3239					
	RC Board of Supervisors	641-464-3231					
	RC Clerk of Courts	641-464-3234					
	RC Emergency Management	641-464-3344				ļ	
	RC Sheriff	641-464-3921					
Health Care Supplies					_		
	ActivStyle	800-651-6223		1701 Broadway Street NE	Minneapolis	MN	55413 Home delivered medical supplies www.activstyle.com
	Apria Healthcare	641-782-7854		701West Townline	Creston	IA	50801 800-813-3351 (after hours)
	Hammer Medical Supplies	800-496-2700		609 W Taylor	Creston	IA	50801 Katie Reynolds, CRT, RCP
	Nucara Pharmacy	641-333-2260	Fax: 641-333-2506	107 N. Main Street	Lenox	IA	50851 Diabetic shoe supplierwww.nucara.com
Health, Dental, Maternal Health							

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code Descriptions
	Community Health Centers of Southern IA	641-464-2383		302 NE 14th St	Leon	IA	health, dental and mental healthwww.chcsi.org 50144 * sliding fee scale Accepts Delta Dental Plan provided by IHWP
	Child Health Specialty Clinics	641-782-9500		904 E. Taylor, Suite B	Creston	IA	50801
	Crain Medical Clinic	641-464-3911		207 N Taylor	Mount Ayr	IA	50854
	Hemann Chiropractic Clinic	641-464-2000		201 W. South	Mount Ayr	IA	50854
	la Depart of Human Services	641-342-6516		109 S Main	Osceola	IA	50213
	MATURA	641-782-8432		215 North Elm	Creston	IA	50801 www.maturacommunityaction.com *WIC, *I-Smile, * Maternal health
	Mount Ayr Medical Clinic Bruce Ricker, DO; Michael Magers, DO; Jerald Phipps, DO; Ron Schafer PA-C; Marcy Gregg, ARNP	641-464-4470		504 N Cleveland	Mount Ayr	IA	50854
	Terry B Lesan, DDS	641-784-6059		1330 E Main St	Lamoni	IA	50140
	Cardiac & Pulmonary Rehab Ringgold County Hospital	641-464-4452		504 N Cleveland	Mount Ayr	IA	50854 Jennifer England, RN
	Dietitian Consulting Ringgold County Hospital	641-464-4438		504 N Cleveland	Mount Ayr	IA	50854 Joan Wanzek RD, LD, MPA
	EMS Emergency Medical Serviecs Ringgold County Hospital			504 N Cleveland	Mount Ayr	IA	50854 Emergency Medical Services Joe Dukes, EMT-PM
	Broadlawns Women's Health Clinic	515-282-2200		1801 Hickman	Des Moines	IA	Expectant mothers who have special needs for transportation, food, housing, clothing and baby care items receive assistance from a medical social worker at the clinic. Services may be at no cost
	lowa Prescription Drug Cooperation (IPDC) Ringgold County Hospital	641-464-4402					
	Respiratory Therapy, Sleep Therapy Ringgold County Hospital	641-464-4407		504 N Cleveland	Mount Ayr	IA	50854 Linda Hosfield, RRT
	South Side Dental	515-285-4759			Des Moines	IA	Dentures thru Delta Dental Plan provided by IHWP
	Transitonal Health Coach	641-464-3226		504 N Cleveland	Mount Ayr	IA	50854 Shawn Dorsett, RN
	Radiology Ringgold County Hospital	641-464-4000		504 N Cleveland	Mount Ayr	IA	50854 Shelly Shields, RTRCT

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code Descriptions
	Visiting Physician Clinic Ringgold County Hospital Audiology — Kent Weaver, AUD Cardiology —Eric Martin, M.D. & Jean Schmitt, ARNP IHC Vascular — David Chew, M.D. Dermatology — Anne Nelson, PA ENT — Phillip Linquist, D.O. Neprology — Patrick Chua, M.D. Orthopedics - Shehada Homedan, M.D. Vascular — Alan Koslow, M.D. Podiatry -Jill Frerichs, DPM Oncology - Robert Shreck, M.D.	641-464-4409		504 N Cleveland	Mount Ayr	IA	50854 Heather McLain, RN, Scheduling Nurse
Health, Insurance							
neatti, ilisurance	hawk-i.org	800-257-8563		www.hawk-i.org			Low or no cost based on family size and annual income. Children under the age of 18.
	lowa Health and Wellness Plan						Adults ages 19-64 with income up to and including 133% of federal poverty level. Not otherwise eligible for Medicaid.
Home Delivered Meals-Private Pay							
	Tingley Mealsite	641-772-4433			Tingley	IA	Deliver to Kellerton, Mount Ayr, Shannon City and Tingley (Delivers to Mt. Ayr Monday and Tuesday)
	Mt. Ayr Mealsite	641-464-2190			Mount Ayr	IA	Deliver to Kellerton and Mount Ayr- Wednesday, Thursday, Friday
	Clearview Nursing Home	641-464-2240			Mount Ayr	IA	Deliver 7 days/week, 2 times/day; hotmeal for lunch and supper
	Mount Ayr Healthcare Nursing Home	641-464-3204			Mount Ayr	IA	Delivers 7 days/week, 2 meals delivered at noon; hot meal for lunch, brown bag for supper
	Mom's Meals	866-716-3257					Vacuum sealed and frozen; heatup in microwave, includes drinks and dessert. Many menu options. www.momsmeals.com
	G. A. Foods	727-573-2211					Vacuum sealed and frozen; heatup in microwave, includes drinks and dessert. Has to be 7 meals/week
Housing Assistance							
	la Depart of Human Services MATURA	641-342-6516 641-464-2401		109 S Main 202 N Taylor St	Osceola Mount Ayr	IA IA	Low Income Heat Energy Assistance Program (LIHEAP)*Weatherization Assistance Utility Assistance Homeless prevention/crisis programs Homeless Prevention and Rapid Re-housing

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code Descriptions
	Southern IA Council of Gov						
	(SICOG)	641-782-8491		101 E Montgomery	Creston	IA	50801
	Southern IA Regional Housing	641-782-8585		219 N Pine	Creston	IA	50801 www.sirha-ia.org
	Authority (SIRHA)	041 702 0303		213 14 1 1110	Creston	ı'A	www.sirita ta.org
Interpretation Services							
	lowa International Center	515-282-8269 Option 5	Code 7092				Free 24/7 Emergency Interprecation Hotline in +220 Languages http://iowainterpretation/
Legal Assistance							
-6-	Child Support Recovery	888-229-9223		215 W Adams	Creston	IA	50801
	Iowa Mediation Service	641-782-7329		228 N Pine	Creston	IA	50801
	Iowa Concern Hotline	800-447-1985					
	Iowa Legal Aid	800-342-9229					
	Juvenile Court Services	641-782-2519		221 N Elm St	Creston	IA	50801
Mental Health Services							
	Child Health Specialty Clinics	641-782-9500		904 East Taylor, Suite B	Creston	IA	50801
	Children & Families of IA (CFI)	641-342-3444		115 W McLane St	Osceola	IA	50213 www.cfiowa.org All ages
	Community Health Centers of						www.chcsi.org
	Southern IA	641-464-2383		302 NE 14th St	Leon	IA	50144 * sliding fee scale
	Crossroad Mental Health	641-782-8457	641-782-7091	1003 Cottonwood	Creston	IA	50801 Osceola location serves Ringgold
	Mosaic Family Counseling Ctr	641-781-0082		2343 US Highway 169	Mount Ayr	IA	Serving families, children and individuals - located at the United Baptist Presbyterian Church www.mosaicfamilyinc.com
	Rural Family Therapy Services	641-782-7212		505 E Taylor	Creston	IA	50801 Serving only families with Medicaid All ages
	Senior Life Solutions	641-464-4468		504 N. Cleveland	Mount Ayr	IA	50854 Intensive group counseling for individuals receiving medicare benefits
	Suicide Prevention Hotline	800-273-8255					
Optometrists							
	Family Vision Center	641-464-2813		102 N Fillmore	Mount Ayr	IA	50854 Joel Weiss, Tuesday and Thursday each week
Parent Education				·			
	Head Start	641-464-3107		302 N Lincoln	Mount Ayr	IA	50854
	Parents as Teachers Ringgold Co Public Health	641-464-0691		119 S Fillmore	Mount Ayr	IA	50854 Robin McDonnell, RN www.rcph.net
Preschool Tuition Assistance							·
	Quad Counties 4 Kids ECI Area	641-464-3186		807 W. Columbus	Mount Ayr	IA	50854 3 Years Old, Sliding Fee Income Guidelines Vicki Sickels, Director
Public Health & Home Care Services							
	Ringgold Co Public Health	641-464-0691		119 S Fillmore	Mount Ayr	IA	50854 www.rcph.net
Rehabilitation Services			<u> </u>				
	Ringgold Co Hospital Physical Therapy Occupational Therapy, Speech Therapy	641-464-4428		504 N Cleveland	Mount Ayr	IA	50854 Linda Winkler, PT
Senior Assistance Services							
	SHIIP Ringgold County Hospital	641-464-3226		504 N Cleveland	Mount Ayr	IA	50854 Medicare & Insurance Health Insurance Information, Jane Lawhead
	Afton Care Center	641-347-8416		504 W Pearl St	Afton	IA	50830

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code Descriptions
	Aging Advocates	641-745-9033		1100 N. Hickory Blvd, Suite 107	Pleasant Hill	IA	50327 Dusty Burton, Elderly Waiver Case Manager
	Clearview Estates	641-464-3204		500 W Columbus St	Mount Ayr	IA	50854
	Clearview Nursing Home	641-464-2240		406 Washington St	Mount Ayr	IA	50854 Locked Alzheimer's Unit
	Connections, Healthy Living Program Assistant Area Agency on Aging IA Medicaid Elderly Waiver Program	800-432-9209	ext 7002	109 N Elm	Creston	IA	50801 Ronda Engles
	Decatur County Community Services	641-446-7178		201 NE Idaho Street	Leon	IA	50144 Angela Reynolds, Mount Ayr Elderly Waiver Case Manager
	Foot & Nail Care Clinic Ringgold County Hospital	641-464-4409		504 N Cleveland	Mount Ayr	IA	50854 Heather McLain RN, CFCN
	Hospice HCI Care Services of Southern Iowa	641-464-2088		107 S Fillmore	Mount Ayr	IA	50854 Barb Weeda, RN
	Hospice Home Greater Regional		641-782-3528	1700 W Townline	Creston	IA	50801 Greater Regional Medical Center
	Lifeline Ringgold County Hospital	641-772-4251		504 N Cleveland	Mount Ayr	IA	50854 Connie Richards
	Mount Ayr Health Care Center	641-414-3204		1504 East South	Mount Ayr	IA	50854 Travis Hinz, Administrator
	Older Iowans Hotline	800-992-8161					
	Ringgold County Senior Center	641-464-0577	660-254-0306	110 North Taylor	Mount Ayr	IA	50854 Janet Hogue, cell 660-254-0306
	Southern Iowa Trolley	866-782-6571					Mon-Fri 7am - 4 pm
Special Needs Assistance							
	Southern IA Resources for Families (SIRF)	641-782-4170		109 N Elm	Creston	IA	50801
	Specialized Support Services	641-782-4119		119 N Elm St	Creston	IA	50801
	Innovative Industries	641-782-8495		215 N Walnut	Creston	IA	50801
	Iowa Focus	641-782-4478		105 W Adams St, Suite B	Creston	IA	50801
	Child Health Specialty Clinics	641-782-9500		860 Wyoming Ave	Creston	IA	50801
	Iowa COMPASS	800-779-2001					www.iowacompass.org
	Iowa Protection & Advocacy	800-779-2502					www.ipna.org
	Ringgold Co Supportive Services	641-464-2067		507 S Henderson	Mount Ayr	IA	50854 Adult special needs day program
Substance Abuse Treatment and Prevention							
	AA Meeting	641-464-2401		202 North Taylor	Mount Ayr	IA	50854
	Action Now	641-782-8457		1003 Cottonwood	Creston	IA	50801
Utility Companies							
	Alliant Energey	877-740-5050	800-822-4348				
	Southern Iowa Rural Water	641-782-5744		1391-190th Street	Creston	IA	50801
	Southwest Iowa Rural Electric Company	641-464-2244		1502 W. South Street	Mount Ayr	IA	50801
Volunteer Services			•		•		
	Volunteer Center of Southern Iowa	641-784-5401		1 University Place	Lamoni	IA	50140 vcsi@graceland.edu