

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code	Descriptions
Adult Abuse Prevention Services								
	Adult Abuse Hotline	800-362-2178						Missouri 800-392-0210
	Domestic Abuse Hotline	800-942-0333	515-782-6632					SW IA Family Violence
	Rape Victim Advocacy Program	800-284-7821	319-335-6000					Rape, Incest, Sexual Abuse, Sexual Harrassment, Stalking, Legal Proceedings, Education and Awareness
Breastfeeding/Lactation								
	MATURA	641-782-8431						
	Mercy Lactation Consultants	515-358-2082						
	Unity Point Lactation Services	515-241-6570						
Child Abuse Prevention Services								
	IA Department of Human Services	800-362-2178		109 S Main	Osceola	IA	50213	
	Bikers Against Child Abuse (BACA) Center Iowa Chapter	515-789-0101		P.O. Box 41605	Des Moines	IA	50311	
Child Care Assistance								
	IA Depart of Human Services	641-342-6516		109 S Main	Osceola	IA	50213	
Child Care Centers /Preschool								
	Tina's Tots	641-734-5331		Diagonal Community School	Diagonal	IA	50845	Child Care and Preschool
	Family Resource Center	641-464-3385		302 N Lincoln	Mount Ayr	IA	50854	Child Care Center, 3-year old preschool, 4 Year Old Statewide Voluntary Preschool, Head Start
	Lamoni Early Childhood Center	641-784-3860		423 N Walnut	Lamoni	IA	50140	For applications and eligibility information, contact Lamoni Elem Sch at 641-784-3422
Child Care Resource & Referral								
	West Central Comm Action	800-945-9778						www.swiowachildcare.org
County General Assistance								
	Ministerial Association Fund	641-464-2401		202 N Taylor	Mount Ayr	IA	50854	Area Churches Fund for Rx, Gas for Dr. visits, Utilities Contact MATURA(Neighborhood Center) - Blake Fry-Schnormeier
	Open Closet Mount Ayr Assembly of God	641-464-3113		1605 W South St	Mount Ayr	IA	50854	Free clothes, shoes, housewares, linens 1st Sat of the month
	Ringgold Co Public Health	641-464-0691		119 S Fillmore	Mount Ayr	IA	50854	County General Assistance
	Veterans Assistance Ringgold County Courthouse	641-464-2397		109 W Madison	Mount Ayr	IA	50854	Assistance for Vererans
Dietitian--Diet & Diabetic Education								
	Bethany - Ringgold County Hospital	Direct # 515-451-3161	Hospital # 641-464-3226	504 N. Cleveland	Mount Ayr	IA	50854	Mercy Network Dietitian-comes to Mount Ayr weekly.
Domestic Violence Crisis Centers								
	Crisis Intervention & Advocacy Center	800-400-4884		P.O. Box 40	Adel	IA	50003	24 Hour Crisis Line
	Rape Victim Advocacy Program	800-284-7821	319-335-6000					Rape, Incest, Sexual Abuse, Sexual Harrassment, Stalking, Legal Proceedings, Education and Awareness
Education								
	Diagonal Community School	641-734-5331		403 W. Second Street	Diagonal	IA	50854	Preschool-12
	Graceland University TRIO Program	641-784-5499		1 University Place	Lamoni	IA	50140	
	Green Hills Education Agency	800-432-5804						
	Mount Ayr Community School	641-464-0510	641-464-0539	1001 E. Columbus	Mount Ayr	IA	50854	Preschool-12
	Southwestern Community College	641-782-7081	800-247-4023		Creston	IA	50801	
Employment Services								
	Experienced Works	641-782-2100		220 W. Montgomery Street	Creston	IA	50801	
	IA Workforce Development & Workforce Investment Act	641-782-2119		215 N Elm	Creston	IA	50801	www.iowaworkforce.org
	Vocational Rehabilitation	641-782-8538		1501 W Townline	Creston	IA	50801	
Food Assistance								
	Ia Depart of Human Services	641-464-2247	641-342-6516	109 S Main	Osceola	IA	50213	Snap Assistance

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code	Descriptions
	Kellerton Food Pantry (Serving Ringgold, Decatur, Clarke & Union)	641-783-2583		Former Great Western Bank Bldg	Kellerton	IA	50133	Every Sunday 12 - 2, 3rd Tuesday Emergency food call 641-414-5243 Kathy Johnson
	MATURA Outreach Center-Food Pantry	641-464-2401		202 N. Taylor Street	Mount Ayr	IA	50854	Neighborhood Center/Food Bank
	WIC - MATURA	641-202-7114	Mount Ayr Clinic 3rd Wed of month	210 Russell St Christain Church	Creston Mount Ayr	IA	50801 50854	Supplemental Nutrition for Women, Infants and Children
	Mount Ayr Senior Meal Site	641-464-2190		Trinity Lutheran Church	Mount Ayr	IA	50854	
	Tingley Senior Meal Site	641-772-4499		Community Hall	Tingley	IA		
General Services								
	Center for Disease Control & Prevention	800-232-4636						
	Connect America	319-231-0932	Jerri McCracken					Personal Emergency Response Systems - Medical Alert, including Cell and Mobile help (GPS) Covered by Elderly Waiver
	Hospice Home Greater Regional	641-782-3528		1700 W Townline	Creston	IA	50801	Greater Regional Medical Center
	Hospice HCI Care Services of Southern Iowa	641-464-2088		107 S Fillmore	Mount Ayr	IA	50854	Barb Weeda, RN
	MATURA Outreach Center	641-464-2401		202 N Taylor St	Mount Ayr	IA	50854	
	Q Link Wireless	855-754-6543						Free Wireless Phone/Text Service QLinkWireless.com
	Women, Infants, & Children (WIC) MATURA	641-782-8431		210 Russell St	Creston	IA	50801	
	Southern Iowa Trolley	866-782-6571						Mon-Fri 7am - 4 pm
Government Offices								
	Clearfield City Hall	641-336-2479						
	Diagonal City Hall	641-734-2321		103 Broadway	Diagonal	IA	50854	
	Kellerton City Hall	641-783-2321						
	Mount Ayr City Hall	641-464-2402		200 S. Taylor	Mount Ayr	IA	50854	
	RC Assessor	641-464-3233						
	RC Attorney	641-464-3235						
	RC Auditor	641-464-3239						
	RC Board of Supervisors	641-464-3231						
	RC Clerk of Courts	641-464-3234						
	RC Emergency Management	641-464-3344						
	RC Sheriff	641-464-3921						
Health Care Supplies								
	ActivStyle	800-651-6223		1701 Broadway Street NE	Minneapolis	MN	55413	Home delivered medical supplies www.activstyle.com
	American Prosthetics & Orthotics	515-223-9000		Steve Galluzzo comes to RCH	Mount Ayr	IA	50854	Doctor encounter must meet requirements. Notes to American P&O who will call client for appt.
	Apria Healthcare	641-782-7854		701West Townline	Creston	IA	50801	800-813-3351 (after hours)
	Hammer Medical Supplies	800-496-2700		609 W Taylor	Creston	IA	50801	Katie Reynolds, CRT, RCP
	Nucara Pharmacy	641-333-2260	Fax: 641-333-2506	107 N. Main Street	Lenox	IA	50851	Diabetic shoe supplier--www.nucara.com
Health, Dental, Maternal Health								
	Community Health Centers of Southern IA	641-446-2383 or 855-466-0822		302 NE 14th St	Leon	IA	50144	health, dental and mental healthwww.chcsi.org * sliding fee scale Accepts Delta Dental Plan provided by IHWP
	Child Health Specialty Clinics	641-782-9500		904 E. Taylor, Suite B	Creston	IA	50801	
	Crain Medical Clinic	641-464-3911		207 N Taylor	Mount Ayr	IA	50854	
	Hemann Chiropractic Clinic	641-464-2000		201 W. South	Mount Ayr	IA	50854	
	Ia Depart of Human Services	641-342-6516		109 S Main	Osceola	IA	50213	

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code	Descriptions	
	LC Clinic	641-782-2150		1109 S. Sumner	Creston	IA	50801	All Free & Confidential--STI Testing & Treatment, Pregnancy Tests, Limited Ultrasounds, Options Info, Sexual Health Ed, Community Referrals, Abortion Recovery Support, Material Assistance	
	MATURA	641-782-8432		215 North Elm	Creston	IA	50801	www.maturacommunityaction.com *WIC, *I-Smile, *Maternal health	
	Mount Ayr Medical Clinic Bruce Ricker, DO; Michael Magers, DO; Jerald Phipps, DO; Brad Wilson, DO; Nicole Wilson DO; Ron Schafer PA-C; Marcy Gregg, ARNP	641-464-4470		504 N Cleveland	Mount Ayr	IA	50854	Primary Care Physicians and Middle Level Practitioners	
	Terry B Lesan, DDS	641-784-6059		1330 E Main St	Lamoni	IA	50140		
	Cardiac & Pulmonary Rehab Ringgold County Hospital	641-464-4452		504 N Cleveland	Mount Ayr	IA	50854	Jennifer England, RN	
	Dietitian Consulting Ringgold County Hospital	641-464-4438		504 N Cleveland	Mount Ayr	IA	50854	Joan Wanzek RD, LD, MPA	
	EMS Emergency Medical Services Ringgold County Hospital			504 N Cleveland	Mount Ayr	IA	50854	Emergency Medical Services Joe Dukes, EMT-PM	
	Broadlawns Women's Health Clinic	515-282-2200		1801 Hickman	Des Moines	IA	50314	Expectant mothers who have special needs for transportation, food, housing, clothing and baby care items receive assistance from a medical social worker at the clinic. Services may be at no cost	
	Iowa Prescription Drug Cooperation (IPDC) Ringgold County Hospital	641-464-4402							
	Respiratory Therapy, Sleep Therapy Ringgold County Hospital	641-464-4407		504 N Cleveland	Mount Ayr	IA	50854	Linda Hosfield, RRT	
	South Side Dental	515-285-4759			Des Moines	IA		Dentures thru Delta Dental Plan provided by IHWP	
	Radiology Ringgold County Hospital	641-464-4000		504 N Cleveland	Mount Ayr	IA	50854	Shelly Shields, RTRCT	
	Visiting Physician Clinic Ringgold County Hospital <i>Audiology</i> – Kent Weaver, AUD <i>Cardiology</i> –Eric Martin, M.D. & Jean Schmitt, ARNP <i>IHC Vascular</i> – David Chew, M.D. <i>Dermatology</i> – Anne Nelson, PA <i>ENT</i> – Phillip Linquist, D.O. <i>Neprology</i> – Patrick Chua, M.D. <i>Orthopedics</i> -Shehada Homedan, M.D. <i>Vascular</i> – Alan Koslow, M.D. <i>Podiatry</i> -Jill Frerichs, DPM <i>Oncology</i> - Robert Shreck, M.D.	641-464-4409		504 N Cleveland	Mount Ayr	IA	50854	Heather McLain, RN, Scheduling Nurse	
Health, Insurance	hawk-i.org	800-257-8563		www.hawk-i.org				Low or no cost based on family size and annual income. Children under the age of 18.	

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code	Descriptions
	Iowa Health and Wellness Plan							Adults ages 19-64 with income up to and including 133% of federal poverty level. Not otherwise eligible for Medicaid.
Home Delivered Meals-Private Pay								
	Tingley Mealsite	641-772-4433			Tingley	IA		Deliver to Kellerton, Mount Ayr, Shannon City and Tingley (Delivers to Mt. Ayr Monday and Tuesday)
	Mt. Ayr Mealsite	641-464-2190			Mount Ayr	IA		Deliver to Kellerton and Mount Ayr- Wednesday, Thursday, Friday
	Clearview Nursing Home	641-464-2240			Mount Ayr	IA		Deliver 7 days/week, 2 times/day; hotmeal for lunch and supper
	Mount Ayr Healthcare Nursing Home	641-464-3204			Mount Ayr	IA		Delivers 7 days/week, 2 meals delivered at noon; hot meal for lunch, brown bag for supper
	Mom's Meals	866-716-3257						Vacuum sealed and frozen; heatup in microwave, includes drinks and dessert. Many menu options. www.momsmeals.com
	G. A. Foods	727-573-2211						Vacuum sealed and frozen; heatup in microwave, includes drinks and dessert. Has to be 7 meals/week
Housing Assistance								
	Ia Depart of Human Services	641-342-6516		109 S Main	Osceola	IA	50213	
	MATURA	641-464-2401		202 N Taylor St	Mount Ayr	IA	50854	Low Income Heat Energy Assistance Program (LIHEAP)*Weatherization Assistance Utility Assistance Homeless prevention/crisis programs Homeless Prevention and Rapid Re-housing
	Southern IA Council of Gov (SICOG)	641-782-8491		101 E Montgomery	Creston	IA	50801	
	Southern IA Regional Housing Authority (SIRHA)	641-782-8585		219 N Pine	Creston	IA	50801	www.sirha-ia.org
Interpretation Services								
	Iowa International Center	515-282-8269 Option 5	Code 7092					Free 24/7 Emergency Interpretation Hotline in +220 Languages http://iowainternationalcenter.org/local-resources/emergency-interpretation/
Legal Assistance								
	Child Support Recovery	888-229-9223		215 W Adams	Creston	IA	50801	
	Iowa Mediation Service	641-782-7329		228 N Pine	Creston	IA	50801	
	Iowa Concern Hotline	800-447-1985						
	Iowa Legal Aid	800-342-9229						
	Juvenile Court Services	641-782-2519		221 N Elm St	Creston	IA	50801	
Medicaid								
	Medicaid Member Services	800-338-8366		Email: IMEMembersServices@dhs.state.ia.us				Enrollment Broker to provide information on MCO and help member with selection.
Mental Health Services								
	Child Health Specialty Clinics	641-782-9500		904 East Taylor, Suite B	Creston	IA	50801	Serves children and youth, birth through 21 years of age, who live in Iowa and have a chronic condition (physical, developmental, behavioral, or emotional) or are at increased risk for a chronic condition and also have a need for special services
	Children & Families of IA (CFI)	641-342-3444		115 W McLane St	Osceola	IA	50213	www.cfiowa.org All ages
	Community Health Centers of Southern IA	641-464-2383		302 NE 14th St	Leon	IA	50144	www.chcsi.org sliding fee scale *

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code	Descriptions
	CROSS Regional Helpline	844-430-8520	Crisis Number					Clarke, Decatur, Lucas, Monroe, Ringgold, Wayne Counties www.crossmentalhealth.org
	Crossroad Mental Health	641-782-8457	641-782-7091	1003 Cottonwood	Creston	IA	50801	Osceola location serves Ringgold
	Mosaic Family Counseling Ctr	641-781-0082		2343 US Highway 169	Mount Ayr	IA	50854	Serving families, children and individuals - located at the United Baptist Presbyterian Church www.mosaicfamilyinc.com
	Rural Family Therapy Services	641-782-7212		505 E Taylor	Creston	IA	50801	Serving only families with Medicaid All ages
	Senior Life Solutions	641-464-4468		504 N. Cleveland	Mount Ayr	IA	50854	Intensive group counseling for individuals receiving medicare benefits
	Suicide Prevention Hotline	800-273-8255						
Optometrists								
	Family Vision Center	641-464-2813		102 N Fillmore	Mount Ayr	IA	50854	Joel Weiss, Tuesday and Thursday each week
Parent Education/Family Support								
	Family Development & SelfSufficiency Program (FaDSS) –	641-782-8431, ext. 217		207B North Elm	Creston	IA	50801	Kristie Davidson Coordinator & Family Development Specialist kdavidson@maturaact.org
	Head Start	641-464-3107		302 N Lincoln	Mount Ayr	IA	50854	
	LC Clinic	641-782-2150		1109 S. Sumner	Creston	IA	50801	All Free & Confidential--STI Testing & Treatment, Pregnancy Tests, Limited Ultrasounds, Options Info, Sexual Health Ed, Community Referrals, Abortion Recovery Support, Material Assistance
	Parents as Teachers Ringgold Co Public Health	641-464-0691		119 S Fillmore	Mount Ayr	IA	50854	Robin McDonnell, RN www.rcph.net
Preschool Tuition Assistance								
	Quad Counties 4 Kids ECI Area	641-464-3186		807 W. Columbus	Mount Ayr	IA	50854	3 Years Old, Sliding Fee Income Guidelines Vicki Sickels, Director
Public Health & Home Care Services								
	Ringgold Co Public Health	641-464-0691		119 S Fillmore	Mount Ayr	IA	50854	www.rcph.net
Rehabilitation Services								
	Ringgold Co Hospital Physical Therapy Occupational Therapy, Speech Therapy	641-464-4428		504 N Cleveland	Mount Ayr	IA	50854	Linda Winkler, PT
Senior Assistance Services								
	SHIP Ringgold County Hospital	641-464-3226		504 N Cleveland	Mount Ayr	IA	50854	Medicare & Insurance Health Insurance Information, Jane Lawhead
	Afton Care Center	641-347-8416		504 W Pearl St	Afton	IA	50830	
	Aging Advocates	641-745-9033		1100 N. Hickory Blvd, Suite 107	Pleasant Hill	IA	50327	Dusty Burton, Elderly Waiver Case Manager
	Clearview Estates	641-464-3204		500 W Columbus St	Mount Ayr	IA	50854	Assisted Living
	Clearview Nursing Home	641-464-2240		406 Washington St	Mount Ayr	IA	50854	Locked Alzheimer's Unit
	Connections, Healthy Living Program Assistant Area Agency on Aging IA Medicaid Elderly Waiver Program	800-432-9209	ext 7002	109 N Elm	Creston	IA	50801	Ronda Engles
	Decatur County Community Services	641-446-7178		201 NE Idaho Street	Leon	IA	50144	Angela Reynolds, Mount Ayr Elderly Waiver Case Manager
	Foot & Nail Care Clinic Ringgold County Hospital	641-464-4409		504 N Cleveland	Mount Ayr	IA	50854	Heather McLain RN, CFCN
	Hospice HCI Care Services of Southern Iowa	641-464-2088		107 S Fillmore	Mount Ayr	IA	50854	Barb Weeda, RN
	Hospice Home Greater Regional		641-782-3528	1700 W Townline	Creston	IA	50801	Greater Regional Medical Center

Service Category	Specific Service	phone	phone 2	Address	City	State	Zip Code	Descriptions
	Lifeline Ringgold County Hospital	641-772-4251		504 N Cleveland	Mount Ayr	IA	50854	Connie Richards
	Mount Ayr Health Care Center	641-414-3204		1504 East South	Mount Ayr	IA	50854	Travis Hinz, Administrator
	Older Iowans Hotline	800-992-8161						
	Ringgold County Senior Center	641-464-0577	660-254-0306	110 North Taylor	Mount Ayr	IA	50854	
	Southern Iowa Trolley	866-782-6571						Mon-Fri 7am - 4 pm
Special Needs Assistance								
	Southern IA Resources for Families (SIRF)	641-782-4170		109 N Elm	Creston	IA	50801	
	Specialized Support Services	641-782-4119		119 N Elm St	Creston	IA	50801	
	Innovative Industries	641-782-8495		215 N Walnut	Creston	IA	50801	
	Iowa Focus	641-782-4478		105 W Adams St, Suite B	Creston	IA	50801	
	Child Health Specialty Clinics	641-782-9500		860 Wyoming Ave	Creston	IA	50801	
	Iowa COMPASS	800-779-2001						www.iowacompass.org
	Iowa Protection & Advocacy	800-779-2502						www.ipna.org
	Ringgold Co Supportive Services	641-464-2067		507 S Henderson	Mount Ayr	IA	50854	Adult special needs day program
Substance Abuse Treatment and Prevention								
	AA Meeting	641-464-2401		202 North Taylor	Mount Ayr	IA	50854	
	Action Now	641-782-8457		1003 Cottonwood	Creston	IA	50801	https://www.stopdrugaddiction.com/iowa/Creston-drug-rehab-facilities.htm
Transportation (non-emergency Medical Transporation) Medicaid	Members must contact their assigned Transporation Vendor							
	Amerigroup Iowa, Inc. Vendor Logisiticare	844-544-1389		MPSWeb@amerigroup.com				www.myamerigroup.com/IA
	AmeriHealth Caritas Iowa Inc. Vendor Access2Care	855-346-9760		members@amerihealthcaritasia.com				www.amerihelathcaritasia.com
	United Healthcare Plan of the River Valley, Inc. Vendor MTM	888-513-1613						www.uhccommunityplan.com
Utility Companies								
	Alliant Energy	877-740-5050	800-822-4348					
	Southern Iowa Rural Water	641-782-5744		1391-190th Street	Creston	IA	50801	
	Southwest Iowa Rural Electric Company	641-464-2244		1502 W. South Street	Mount Ayr	IA	50801	
Volunteer Services								
	Volunteer Center of Southern Iowa	641-784-5401		1 University Place	Lamoni	IA	50140	vcsl@graceland.edu