



Parents as Teachers.

Goal\$ and Assets: Family Conversations About Money

You already have experiences and strengths around money. This series focuses on those as a starting point for building more financial knowledge to support your family's well-being.

What to expect

Times and format:

Thursdays at 5:30 pm
Ringgold County Courthouse
Conference Room

July 18
July 25
August 1
August 8
August 15
August 22

What's included:

FREE program

Goal\$ and Assets Program
Packet will be provided to
participants.

Certificate of completion

For more information:

Contact Robin McDonnell, RN,
Start-2-Soar Coordinator, at
Ringgold County Public Health
by phoning 641-464-0691, or by
email at rmcdonnell@rcph.net
to register for this financial
education class.

During this **six-week series**, you'll learn how your experiences before age 7 shaped how you think about money. You will learn new strategies for managing your finances, share your own experiences, ask questions, and talk about activities you can do at home with your child – because your child's ideas about money are being shaped right now!

Week 1 "Introduction and Current Strengths"

Everyone already has some positive financial habits. We'll explore the strengths you bring and introduce some of the money-related words you will hear throughout the series.

Week 2 "Goals for Myself, My Family, and My Children"

Our goals often start out as needs or wants. We'll look into these very individual decisions and how they shape our behaviors.

Week 3 "Current Priorities and Tradeoffs"

We will reflect on what we each actually spend and why. Often this involves tradeoffs between two important choices. Making and using a budget can help with this, so we will compare some budgeting strategies.

Week 4 "Guest Speaker (topic chosen by you)"

Each week, you will share questions and ideas that are important to you. Your facilitator will gather that information and invite a guest speaker to talk about a topic that affects many group members.

Week 5 "Looking Back"

Our childhood experiences with money shaped our current behaviors. So did our past experiences as adults. And both of those things shape the ideas your child is developing right now. We will learn more about how this happens (and how we can change it, if needed, for our family's well-being).

Week 6 "Sharing and Supporting Next Steps"

Think about how your current behaviors and goals have changed during this series. Now it's time to plan your next steps. Who can help you? How can you support each other? We will also celebrate how far we have already come together!