



OCT. 2

ROLL-N-READ

Join us for some family fun!

Bring your family to the Annual Wellness Walk at 4:30 pm and when you finish stop by the south Shelter House (by the t-ball field)! At 5 pm, Ranger Kate will be sharing a story with the children and Start-2-Soar/Ringgold County Public Health will be giving each child a free book to take home! This is a fabulous opportunity for family wellness. We hope to see you there!



**Exercise &
Literacy**

Walk, stroll or ride

**Ranger Kate
presentation**

**Free Book for all
children in
attendance!**

Don't Miss It!

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PUBLIC HEALTH**

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**Ringgold County
PUBLIC HEALTH**