



Join Chef Katie (Routh) Porter as she demonstrates how to make butternut squash soup and dipping oils. Working with spices and herbs you will get to experience the flavors of fall.

You will have the opportunity to enjoy a meal following the demonstration. Space is limited to 20 participants. Registration is free, however, donations to the Tingley Community Building would be appreciated.

# Fall Cooking Demo

Tuesday, October 21<sup>st</sup>

6:00 p.m. - 7:00 p.m.

Tingley Community Building

Contact Amanda Waske to register.

[awaske@ringgoldcounty.us](mailto:awaske@ringgoldcounty.us)

641-464-3239



**WELLNESS  
COALITION**  
RINGGOLD COUNTY  
"BUILDING A HEALTHIER COMMUNITY"

